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Proposed study designs for approval based on a surrogate endpoint and a post-marketing confirmatory study under FDA's accelerated approval regulations for disease modifying osteoarthritis drugs

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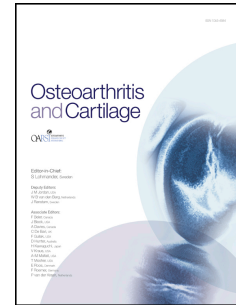
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**Proposed study designs for approval based on a surrogate endpoint and a post-marketing confirmatory study under FDA's accelerated approval regulations for disease modifying osteoarthritis drugs**

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**1 Abstract**

2 In 1992, the Food and Drug Administration (FDA) instituted the accelerated approval regulations  
3 that allow drugs or biologics for serious conditions that fill an unmet medical need to be  
4 approved on the basis of a surrogate endpoint or an intermediate clinical endpoint. The current  
5 definition of a serious condition includes chronic disabling conditions, such as osteoarthritis  
6 (OA), and thereby provides expanded opportunities for the use of biomarkers for regulatory  
7 approval of drugs for OA. The use of surrogates or intermediate clinical endpoints for initial  
8 regulatory approval of a drug or biologic requires confirmation in a post-marketing study of a  
9 drug effect on a clinically relevant outcome, such as on how a patient feels, functions or  
10 survives. Current FDA guidance requires that the post-marketing approval study be ongoing  
11 during the time of initial drug approval. This white paper arose out of the need to brainstorm trial  
12 designs that might be suitable for post-marketing approval of drugs initially approved, on the  
13 basis of a surrogate or intermediate clinical endpoint, for treatment of OA to alter disease  
14 progression, abnormal function or pathological changes in the morphology of the joint. In this  
15 white paper we define the concept and regulations regarding accelerated approval and propose  
16 two major study design scenarios for post-marketing approval trials in OA. The long-term goal is  
17 to discuss and refine these designs in consultation with regulatory agencies in order to facilitate  
18 development of drugs to fill the large unmet need in OA.

19

## 20 Introduction

21 Drugs are traditionally approved in the United States (US) based upon data from adequate and  
22 well-controlled trials demonstrating the clinical benefit related to patient symptoms, function or  
23 survival and potential harms of the therapy. In 1992, the Food and Drug Administration (FDA)  
24 instituted the *accelerated approval* regulations that allowed drugs or biologics for serious  
25 conditions that fill an unmet medical need to be approved on the basis of a surrogate endpoint  
26 or an “intermediate clinical endpoint”<sup>1,2</sup>. A surrogate endpoint used for accelerated approval is  
27 a marker - a laboratory measurement, radiographic image, physical sign or other measure - that  
28 is thought to predict clinical benefit but is not itself a measure of clinical benefit<sup>3</sup>. An intermediate  
29 clinical endpoint is a measure of a therapeutic effect other than irreversible morbidity or mortality  
30 (for all definitions including a summary of biomarker nomenclature, see **Supplementary Text**  
31 **and Supplementary Table 1**). In 2012, Congress codified these FDA regulations in the Food  
32 and Drug Administration Safety Innovations Act (FDASIA); Section 901 of FDASIA amends the  
33 Federal Food, Drug, and Cosmetic Act to recognize that the FDA can base accelerated  
34 approval for drugs or biologics for serious conditions that fill an unmet medical need on whether  
35 the drug has an effect on a surrogate endpoint or an intermediate clinical endpoint<sup>4</sup>. In these  
36 cases, the surrogate or intermediate endpoints used are those believed to reasonably likely to  
37 predict patient-reported outcomes of interest or overall survival.

38  
39 An increasing use of biomarkers in drug development has now been encouraged by the 21<sup>st</sup>  
40 Century Cures Act<sup>5</sup>. The FDA has recently explained that in addition to morbidity and mortality  
41 risk, a serious condition includes progressive disability as defined in a 2014 guidance document:

42  
43 a disease or condition associated with morbidity that has a substantial impact on day-to-day  
44 functioning. Short-lived and self-limiting morbidity will usually not be sufficient, but the  
45 morbidity need not be irreversible if it is persistent or recurrent. Whether a disease or  
46 condition is serious is a matter of clinical judgment, based on its impact on such factors as

47 survival, day-to-day functioning, or the likelihood that the disease, if left untreated, will  
48 progress from a less severe condition to a more serious one<sup>3</sup>.

49  
50 This expanded definition provides expanded opportunities for the use of biomarkers for  
51 regulatory approval of drugs for chronic disabling conditions such as osteoarthritis (OA)<sup>4</sup>. The  
52 21<sup>st</sup> Century Cures Act also provides for a process of accelerated approval for regenerative  
53 medicine therapies such as cell therapy, therapeutic tissue engineering products, human cell  
54 and tissue products, and combination products using any such therapies or products<sup>5</sup>.  
55 Furthermore, the same Act also provides a possible framework for utilizing real-world evidence  
56 to provide support for the clinical relevance of an approved therapy based on a surrogate  
57 measure.

58  
59 The accelerated approval pathway differs from the traditional OA trial paradigm for  
60 demonstrating a delay in structural progression as embodied in a former 1999 FDA draft  
61 guidance on OA<sup>6</sup>. The former guidance acknowledged that it is possible that certain classes of  
62 products may slow joint space narrowing without concomitantly affecting symptoms. Curiously,  
63 this now defunct FDA draft guidance stated that a demonstration of a purely structural endpoint,  
64 namely improvement of the radiograph compared to baseline that reflects new or regrown  
65 cartilage, “would be convincing and require no formal parallel evidence of improvement in  
66 clinical outcomes”<sup>6</sup>. It is generally believed that this emphasis on radiographs has hampered  
67 development of disease modifying OA drugs (DMOADs) due to inherent limitations of  
68 radiographs including: their lack of sensitivity to joint tissue changes; in contrast to MRI, their  
69 inability to report on the state of the whole joint organ (they reflect bone changes only and  
70 secondarily and inaccurately articular cartilage as “loss of joint space”); and their slowness to  
71 change<sup>7</sup>. Of note, the prior FDA draft guidance allowed for the possibility of claims related to  
72 delay in time to joint surgery<sup>6</sup>; this outcome, described below, has potential merit for post-  
73 marketing studies.

74

**75 OA as a Serious Disease**

76 Many patients with OA clearly suffer from a serious disease; the progressive disability observed  
77 in some of these patients is associated with reduced mobility and increased risk for death (as  
78 discussed further in an OARSI white paper presented to the FDA December 1, 2016<sup>8</sup>).

79 Gratifyingly, the FDA acknowledged, in their latest guidance document<sup>9</sup>, that “OA can be a  
80 serious disease with an unmet medical need for therapies that modify the underlying  
81 pathophysiology of the disease and potentially change its natural course to prevent long-term  
82 disability.” This formal recognition of OA as a serious disease supports the potential use of  
83 surrogate endpoints for regulatory approval of a drug or biologic under FDA's accelerated  
84 approval regulations<sup>1,2</sup>. However, the use of a biomarker or surrogate endpoint for regulatory  
85 approval of drugs for OA poses two challenges: 1) selection of appropriate surrogate endpoints,  
86 and 2) appropriate designs for post-marketing confirmatory studies. The first challenge,  
87 establishment of appropriate imaging and/or biochemical biomarkers as intermediate or  
88 surrogate endpoints in OA trials, is ongoing in the Foundation for NIH OA Biomarkers  
89 Consortium initiative, now in phase 2 (for a discussion of criteria for surrogacy see  
90 **Supplementary Text** and **Supplementary Tables 2 and 3**). The aim of this document is to  
91 address the second challenge of developing confirmatory trial designs in consultation with  
92 regulatory agencies.

93

**94 Prior precedents of approvals under Subpart H regulations**

95 Accelerated approval is relatively common in some therapeutic areas such as cancer and HIV.  
96 For example, between December 11, 1992 and May 31, 2017, under the accelerated approval  
97 authority, the FDA approved 64 products (53 new molecular entities) for 93 new indications  
98 related to hematologic and non-hematologic malignancies<sup>10</sup>. The FDA approved most of these  
99 drugs on the basis of response rates, such as evidence that the drug shrinks tumors, because  
100 tumor shrinkage is considered reasonably likely to predict a real clinical benefit, such as

101 survival. In addition to response rate, other intermediate endpoints used to support accelerated  
102 approval of oncologic drugs include time-to-event endpoints such as progression-free survival or  
103 time-to-progression, disease-free survival or recurrence-free survival.

104  
105 Many antiretroviral drugs were approved to treat HIV/AIDS based initially on the surrogate  
106 endpoint of an increase in CD4 cells, and later, a decrease in HIV-RNA (viral load). With more  
107 experience (including subsequent drug approvals), the FDA concluded that treatment-induced  
108 decreases in HIV-RNA levels were highly predictive of clinical benefit, and determined that  
109 measurement of HIV-RNA could serve as a clinical endpoint in trials designed to support either  
110 accelerated or traditional approvals. The FDA's position has further evolved and under current  
111 guidance, traditional approval can be the initial approval for all antiretroviral drugs, with the  
112 duration of viral load reductions dependent on the population studied<sup>11</sup>.

113  
114 To date, there have been a moderate number of accelerated drug approvals for serious  
115 diseases besides cancer and HIV<sup>12</sup>; these provide insights into possible study designs and  
116 endpoints for use in OA trials. For instance, drug development in other disease indications with  
117 fewer patients, such as non-alcoholic steatohepatitis (NASH), already involves both larger  
118 pivotal studies as currently undertaken for OA and implementation of the Subpart H approval  
119 process. Lessons learned from the surrogate endpoints in NASH, and how they later translate  
120 into modifications of patient reported outcomes (PROs) may benefit the OA field (for a  
121 discussion of development hurdles in OA compared to other diseases and for a summary of  
122 representative studies related to NASH, osteoporosis, type II diabetes and osteoarthritis, see  
123 **Supplementary Table 4**).

124

#### 125 **Proposed study designs for OA**

126 Presently, it is expected that prospects for regulatory approval of a DMOAD will require large  
127 numbers of patients and potentially long periods of observation to discern whether improvement

128 in signs and symptoms follows structural benefit, particularly if applying therapies to unselected  
129 patient populations rather than to trial candidates with specific OA phenotypes and/or high risk  
130 of progression<sup>13</sup>. It is difficult to power trials for both symptom improvement as well as potential  
131 structural change at the same time. Currently, PROs used in OA trials, although not so costly,  
132 are potentially subject to large placebo effects. The OMERACT-OARSI responder criteria,  
133 based on PROs from non-steroidal trials of at least 6 weeks duration, require sample sizes of  
134 ~100 patients per study arm<sup>14</sup>. In contrast, structural outcomes require long periods of  
135 observation. Adequate powering of a trial for structural outcomes is anticipated to require fewer  
136 patients and shorter observation periods using MRI compared with radiography due to the  
137 greater sensitivity of MRI imaging outcomes<sup>15</sup>. It is hoped that the use of imaging and/or  
138 biochemical markers during DMOAD trials could provide early indications of a potential  
139 treatment related effect on structure. Initial approval on the basis of a surrogate could allow for  
140 marketing of a product and the acquisition of revenue to facilitate funding of the necessary post-  
141 marketing confirmation trials with PRO endpoints and/or joint survival assessments to verify and  
142 describe its clinical benefit, required under FDA's accelerated approval regulations, when there  
143 is uncertainty as to the relation of the surrogate endpoint to clinical benefit, or of the observed  
144 clinical benefit to ultimate outcome<sup>1, 2</sup>.

145

146 The following criteria must be met by post-marketing confirmatory studies to prove clinical  
147 relevance:

- 148 • Post-marketing studies must be adequate and well-controlled;
- 149 • Although the FDA does not mandate that the post-marketing approval study is  
150 necessarily conducted in the original trial population, it may be more efficient and cost-  
151 effective to conduct the trial in the same population used to assess the effect on  
152 surrogate or intermediate clinical endpoints because new patient identification and  
153 recruitment would be unnecessary and it would also be possible to evaluate the  
154 durability of the treatment response.



- 155 • If a true controlled study is required post-marketing, it could be a challenge to maintain  
156 patients on placebo for long periods of time once the drug is conditionally approved and  
157 clinically available. To overcome this challenge,
- 158 ○ It would be possible to use rescue therapy for OA symptoms.
  - 159 ○ As an alternative to a placebo controlled randomized clinical trial (RCT), the  
160 study could be designed to compare high versus low doses of the active drug  
161 without a placebo arm.
  - 162 ○ As an alternative to a placebo controlled RCT, the study could be designed to  
163 compare high versus low doses of the drug to an approved active comparator.
- 164 • Both adverse and beneficial outcomes can and should be monitored post-marketing.  
165

#### 166 **Study design proposals – one size does not fit all**

167 As described below, there are several different drugs under development with different  
168 mechanisms of action. Ultimately, post-marketing studies are based on an interaction and  
169 negotiations with FDA/EMA that will not be the same for all mechanisms of action, as one size  
170 clearly does not fit all. Current guidance requires that the post-marketing approval (PMA) study  
171 must be ongoing during the time of initial approval. For the purposes of DMOAD indications, we  
172 propose two major study design scenarios (**Figures 1 and 2**) and describe variations on these  
173 designs and the drug profile categories (**Table 2**) to which they might apply. These trials involve  
174 an initial Phase 3 trial period of up to 2 years with collection of surrogate and PRO outcomes  
175 with approval based on the surrogate. In both cases, the subsequent phase of the trial follows  
176 the same or different patients over an additional period of time (to be determined based on the  
177 anticipated time to a treatment effect on a clinical endpoint) with collection of PRO outcomes or  
178 some measure of joint survival.

179

180 For both scenarios, it is important to note that the consideration to pursue either one of these  
181 strategies could be predicated upon the failure, or likelihood of failure, to attain a treatment

182 effect on a clinically relevant and validated PRO. When the PRO is not achievable in the short-  
183 term, an accelerated (conditional) approval is sought on the basis of a surrogate endpoint likely  
184 to predict clinical benefit in a longer study.

185

186 Alternatively, attainment of a treatment effect on a PRO could result in traditional regulatory  
187 approval for signs and symptoms indications with subsequent pursuit of a DMOAD approval  
188 with a PMA study to demonstrate disease modification. This poses clear challenges and  
189 potentially acts as a disincentive to pursuing long term studies for a DMOAD indication (see  
190 **Table 2**) because the cost setting for the drug will be dictated by the signs and symptoms  
191 indication (and not a DMOAD indication) that may not ultimately provide enough return on  
192 investment to cover the added costs of the research necessary to achieve a DMOAD indication.  
193 It would also be difficult to imagine a marketed drug increasing in price when and if a DMOAD  
194 indication is granted, again acting as a disincentive to pursuing the necessary long-term studies  
195 once the drug cost has been set. It will be necessary to consult with regulatory authorities to  
196 determine whether simultaneous approval of a drug could be granted on the basis of benefit on  
197 signs and symptoms (traditional approval) concurrent with approval on the basis of an expected  
198 DMOAD effect (for instance based on a surrogate (S) that predicts slowing of OA progression),  
199 with subsequent longer term study with an observational outcome such as reduced joint  
200 replacement rate (time-to-event) of replacement surgeries, or slowing of radiographic OA.

201

202 Joint failure endpoints for “time to failure” determination might include a predefined increase in  
203 pain, a predetermined and clinically important amount of change in MRI features associated  
204 with OA progression and/or joint failure, total joint replacement for OA, a predefined decline in  
205 function or a combination of any of these endpoints.

206

207

208

**209 SCENARIO 1 (Figure 1): Prospective Trial Continuation**

210 This scenario represents the continuation, post-approval, of the Phase 3 double blind, placebo  
211 controlled trial. The PMA study population contains the same patients as the original trial. The  
212 following characteristics and possible variations on this study design are as follows:

- 213 • The Surrogate (S) in the initial phase may be measured in all or only a subset of the  
214 study population (determined based on study power estimates for the S and PRO  
215 outcomes); if the surrogate involves an expensive technique, a cost savings could be  
216 envisioned by not collecting further surrogate data in the confirmatory trial period.
- 217 • Inclusion of the Surrogate (eg MRI) in the PMA study is optional; it is however potentially  
218 important to show that the change in the surrogate in the pre-approval study is linked to  
219 a PRO or observational outcome and this may need to be shown in the same patients  
220 (important point for discussion with regulatory authorities).
- 221 • Continue all patients on initial drug allocation into the PMA trial until a failure threshold is  
222 achieved; this could allow crossover of placebo treated patients to active agent or exit  
223 from trial; for placebo patients transitioned to active treatment, their failure to 'catch up'  
224 to patients treated with active agent for the entire study duration (throughout the pre-  
225 approval and PMA study) would be evidence of drug efficacy and a persistent treatment  
226 effect on the disease course; failure threshold(s) would have to be defined in advance  
227 (for instance based on a certain amount of rescue medication use, or attainment of a  
228 threshold level of pain or disability).
- 229 • An endpoint might be the time-to-event of joint replacement for OA or clinically relevant  
230 symptomatic worsening or whichever is first (see discussion below).

231

**232 SCENARIO 2 (Figure 2): Separate PMA study.**

233 There are circumstances in which the phase 3 study could be amended to be a PMA study,  
234 especially if the demonstration of symptomatic and/or functional benefit is needed and the  
235 prolongation of a placebo controlled study for one or two years might be appropriate (scenario

236 1). Other profiles may need to demonstrate an effect on structure or even joint survival which  
237 might be more appropriate in a study population which is enriched for progressors. In this case,  
238 the PMA study might be conducted as a separate study as in this scenario 2. A combination of  
239 the two scenarios is possible as well. The following characteristics and possible variations on  
240 this study design are as follows:

- 241 • The PMA study population is different than the population in the original trial (although  
242 some patients may be the same).
- 243 • Inclusion criteria in the PMA study might be different from the pre-approval or pre-  
244 registrational trial.
- 245 • All patients may be on active (high vs low dose) treatment in the PMA study and  
246 followed for rates of OA progression; such a design would facilitate retention of the  
247 maximal number of patients as no one would be on placebo once the agent is approved  
248 and available clinically/commercially; greater numbers of individuals retained during the  
249 PMA trial would provide a larger patient population to monitor for adverse effects.
- 250 • An endpoint might be the time-to-event of joint replacement for OA or clinically relevant  
251 symptomatic worsening or whichever is first (see discussion below)

252

### 253 **Use of joint replacement outcomes in post-marketing confirmatory trials**

254 Although the ultimate proof of DMOAD activity could be demonstrated on the time-to-event  
255 (delay or elimination) of joint replacement surgery for OA, this outcome poses considerable  
256 barriers. While clinical benefit in the case of “joint survival” is clear, this outcome poses  
257 challenges due to the need for long study durations, large sample sizes and the impact of non-  
258 disease and other factors on the outcome (such as level of patient education, socioeconomic  
259 status and expectations of surgical outcomes, cost, and physician willingness to operate based  
260 on health status, comorbidities and/or age of the patient)<sup>16, 17</sup>. So, although joint replacement  
261 can be considered an observational outcome, it is impacted by numerous subjective factors.  
262 Moreover, it is important to consider the treatment context in order to infer reduction in joint

263 replacement as a benefit on structure; a reduction in joint replacement due solely to pain  
264 reduction would not be considered a reflection of a benefit on structure. The time frame for a  
265 study using a joint replacement outcome is most likely more than 5 years for the population with  
266 Kellgren/Lawrence grade 2 and 3 radiographic knee OA (7-11 years depending on the sample  
267 size)<sup>18</sup>. There are no consensus criteria guiding patient recommendations regarding  
268 replacement surgery; this results in the obvious problem of differences between countries,  
269 regions and even centers within the same region. If these differences are adequately addressed  
270 by the study design, e.g., by randomization per study center, then the time-to-event of joint  
271 replacement surgery for OA might represent a feasible primary endpoint. It will be important to  
272 discuss with regulatory authorities whether this observational outcome would fulfill the criterion  
273 for how a patient feels, function or survives for purposes of a PMA study.

274

#### 275 **Use of placebo in post-marketing confirmatory studies**

276 The study designs may be different for the first drug to market compared to the second or  
277 subsequent drugs to market. For instance, subsequent drugs may be compared to existing  
278 drugs on the market rather than placebo, particularly if patient harm is anticipated due to  
279 placebo treatment once any effective disease treatment is available. An exception to this is  
280 evident in the osteoporosis field; even the latest drugs approved for osteoporosis were tested  
281 against true placebo treatments--this was undoubtedly facilitated by the fact that the disease is  
282 asymptomatic throughout its course until a fracture ensues--this is not the case for OA. In the  
283 rheumatoid arthritis (RA) field there are several disease modifying treatment options that could  
284 be the basis for a comparator in a drug trial but there are none in OA.

285

286 All post approval confirmatory studies must address a fundamental question: How can a patient  
287 be kept in the study if the drug is available? It is unlikely that a patient would accept the risk of  
288 randomization into the placebo or even standard of care arm once the drug is available  
289 clinically/commercially, particularly when a prolonged use of placebo in a PMA study would be

290 anticipated. A precedent has been established in FDA guidance on RA trials for limiting the  
291 exposure of patients to placebo or ineffective therapies for a prolonged period of time (i.e.,  
292 beyond 12 weeks)<sup>19</sup>. It is recommended that studies longer than 12 weeks should include an  
293 active comparator as the control or provisions for rescue treatment for patients with active  
294 disease. Procedures for enabling prolonged PMA studies could possibly maintain blinding until a  
295 study participant reaches a failure endpoint; patients on placebo could be offered active  
296 treatment at that time; patients on active treatment reaching a failure endpoint would be  
297 withdrawn from the study and considered therapeutic failures in the analysis. This scenario  
298 would require the establishment of threshold criteria for failure. Alternatively, the study could be  
299 designed to treat all patients with the active agent, comparing high versus low dose levels of the  
300 active drug without a placebo arm. This variation might be appropriate for each of the scenarios.  
301 Of note, this trial option (high versus low dose without placebo) for symptom and structure  
302 indications was embodied in the prior 1999 draft clinical trial guidance that encouraged “at least  
303 one trial showing superiority of the test product to placebo, to a lower dose of the agent, or to an  
304 active control”<sup>6</sup>. Another pragmatic option would be to offer all patients an exercise (core)  
305 treatment representing a high standard of care as “background therapy” and thereby promote  
306 their retention in the PMA study, whether on active agent or placebo treatment.

307

### 308 **Possible outcomes for post-marketing approval study and use of Real-World Evidence in**

#### 309 **OA Trials**

310 In traditional trials, direct evidence of treatment benefit is derived from clinical trial effectiveness  
311 endpoints that measure survival or a meaningful aspect of how a patient feels or functions in  
312 daily life. There are four types of clinical outcomes that may support either direct or indirect  
313 evidence of a treatment benefit. The clinical outcome assessments include (see **Figure 3**):  
314 –Patient-Reported Outcome measures (objectively reported symptoms and function, such as  
315 provided by WOMAC or KOOS scores in OA, that could lead to the derivation of a time-to-event  
316 of clinically relevant symptomatic worsening);

317 –Clinician-reported outcome measures (ratings based on specific professional training such as  
318 physician global assessment);

319 –Observer-Reported outcome measures (items assessing directly reportable behavior without  
320 interpretation or interference such as total joint replacement and quantity of rescue medication  
321 used for pain);

322 –Performance outcome measures (objectively measured function such as 6 minute walk test).

323 The 21<sup>st</sup> Century Cures Act includes a provision for post-approval studies to include clinical  
324 evidence, clinical studies, patient registries, or other sources of real-world evidence, such as  
325 electronic health records, collection of larger confirmatory datasets or post-approval monitoring  
326 of all patients treated prior to approval of the therapy<sup>5</sup>. An electronic medical record based  
327 assessment of effectiveness could show paradoxically negative results because of biased loss  
328 to follow up (patients return for care when they are faring poorly and stay home when they are  
329 doing well).

330  
331 For drugs that are approved on the basis of a PRO, a sponsor might seek to add efficacy  
332 indications to the label of an already approved drug based on endpoints relevant to payers  
333 and/or patients using confirmatory studies. Endpoints for these confirmatory studies might be  
334 derived from real-world evidence. As described in a white paper by Berger et al.<sup>20</sup>, for chronic  
335 obstructive pulmonary disease for example, a sponsor may wish to generate real-world  
336 evidence supporting indications of reduced exacerbation-related hospitalizations or improved  
337 quality of life – endpoints more readily useful in clinical decision-making and coverage decisions  
338 than the endpoint of forced expiratory volume in one minute (FEV1) used for initial drug  
339 approval. Because these endpoints may be measured using real-world data with good validity  
340 and reliability and would be captured in the same indicated population, they could lend  
341 themselves to a rigorous observational study design that harnesses electronic health records  
342 and claims. Alternatively, treated patients in a PMA study might be compared to a standard of  
343 care cohort or to historical databases.

344

345 Types of real-world evidence that could be derived from electronic health records that might be  
346 used to monitor status of OA patients include amount and strength/dose of real world rescue  
347 medication use (acetaminophen, NSAIDs, opioids); disease exacerbation (disease 'relapse') as  
348 measured by use of an intra-articular therapy, disease failure as measured by a total joint  
349 replacement, and all-cause mortality (based on knowledge that the natural history of OA, under  
350 the current treatment paradigm, increases mortality). Blinding may not be necessary when  
351 mortality is used as an endpoint in a confirmatory trial because bias may be less likely. Given  
352 the increased prevalence and incidence of diabetes in individuals with lower limb arthritis, with a  
353 large proportion (37-46%) attributable to walking disability<sup>21</sup>, the incidence or worsening of  
354 diabetes and step counts or mobility data (made increasingly available through use of wearable  
355 devices) are examples of the types of real-world data that could contribute to a real-world  
356 efficacy indication for a DMOAD.

357

### 358 **Some questions for regulatory consultation**

- 359 • Do the two study design paradigms capture the majority of variation possible and  
360 feasible in OA?
- 361 • How can patients be retained long-term in PMA studies for purposes of demonstrating  
362 benefit on signs and symptoms of OA?
- 363 • Is it necessary to link the PRO in the confirmatory study to the biomarker (surrogate) in  
364 the initial approval study? Such a linkage is of course of high interest for potential  
365 DMOADs with similar modes of action. However, the clinical benefit of the drug is the  
366 matter of paramount importance for the confirmatory trial as opposed to retrospective  
367 justification of the surrogate.
- 368 • Is it feasible to use real world evidence for the post-approval study? The study has to be  
369 well-controlled, which can be interpreted that a randomization procedure might be  
370 required. However, a comparison of treatments known to have substantial placebo



- 371 effects, such as intra-articular therapy compared to standard of care, might result in an  
372 imbalanced comparison with respect to the placebo-related contextual effects.
- 373 • Can function (both patient reported and/or measured) be used as a primary outcome in a  
374 PMA? Can PRO-function and objectively measured function have lower placebo  
375 response rates and higher treatment effects than PRO pain in OA trials<sup>22</sup>?
  - 376 • Given the known interaction of pain and function, can mobile health technology be used  
377 in OA trials to provide objective function outcomes for trial purposes? The “work in the  
378 garden” problem is the phenomenon whereby pain reduction can result in function  
379 enhancement and increased physical activity resulting in an apparent overall minimal  
380 improvement in pain. Objective monitoring of function and possibly subjective PRO  
381 function could unmask a benefit on signs and symptoms of a drug under these  
382 circumstances.
  - 383 • Can slowing of pain worsening by a pre-specified clinically relevant amount be used to  
384 support a claim of slowing of OA progression?
  - 385 • Can a time-to-event study based on joint survival (time to joint replacement) provide  
386 ultimate proof of DMOAD activity and be used as a design option for confirmatory PMA  
387 trials?
  - 388 • Can the placebo treated study participants be switched to active drug in the post-  
389 marketing study?
- 390 Other disease fields cross placebo to active treatment during the confirmatory study  
391 phase with failure to catch up as the metric of success.
- 392 • How will OA clinical trial guidance change when MRI measures are qualified as  
393 predictors of long-term patient benefits in delaying or preventing the progression to  
394 disability or joint replacement related to OA?

### Conflicts of interest

No author has any conflicts of interest related specifically to this work. Relevant financial activities outside the submitted work during the prior 36 months are as follows:

V Kraus received personal fees from Novartis, Flexion Therapeutics, TissueGene, GlaxoSmithKline, 23andME, Sanofi;

L Simon has no conflicts of interest related to this work but as a drug development consultant, he has consulted with multiple companies regarding trial designs and outcome measures including patient-reported outcomes, clinician-reported outcomes, and functional measures; consulting fees have been received from Eupraxia, Asahi, Samumed, Metabolex, Flexion, EMD Serono, Talagen, Tigenix, Genzyme

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MA Karsdal is Chief Executive Officer of Nordic Bioscience specializing in biomarkers.

### Author Contributions

All authors participated in a series of teleconference discussions of the concepts and suggestions described herein. VB Kraus produced the initial draft of the article. All authors (VB Kraus, LS Simon, J N Katz, T Neogi, D Hunter, A Guermazi, MA Karsdal) contributed to critical appraisal and revisions of the article resulting in the final product, approved by all authors.

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## Figure Legends

**Figure 1. Scenario 1 – Prospective Trial Continuation.** Post-marketing Approval (PMA) study design scenario 1 represents the continuation, post-approval, of the Phase 3 double blind, placebo controlled trial. The PMA study population contains the same patients as the original trial. Clinically relevant endpoints might be the time-to-event of joint replacement surgeries or clinically relevant symptomatic worsening or whichever is first.

**Figure 2. Scenario 2 – Separate Post-Marketing Approval (PMA) Study.** Study design scenario 2 represents a PMA study that might be conducted as a separate study from the phase 3 trial. The PMA study population contains some or none of the original phase 3 trial subjects as a nested cohort. All patients may be on active (high vs low dose) treatment in the PMA study and followed for rates of OA progression. As for scenario 1, clinically relevant endpoints might be the time-to-event of joint replacement surgeries or clinically relevant symptomatic worsening or whichever is first.

**Figure 3. Diagram of types of clinical outcomes.** Clinical outcomes may include Patient-Reported outcomes, Clinician-Reported outcomes, Observer-Reported outcomes and Performance based outcomes. The focus of this white paper is on Biomarker outcomes and trials demonstrating their relationship to clinical outcomes in post-marketing approval trials. Graphic adapted from Patrick, Arbuckle, and Burke presentation at the ISPOR 17<sup>th</sup> Annual European Congress, November 11, 2014.

(<https://www.ispor.org/Event/GetReleasedPresentation/148>).

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**Table 1. Accelerated approvals based on intermediate clinical endpoints (top) or biomarker surrogate endpoints (bottom).**

Drug	Indication	Date of Approval	Accelerated Approval / Confirmatory Study
<b>Accelerated approval based on an <i>intermediate clinical endpoint</i>.</b>			
Betaseron	For use in ambulatory patients with relapsing-remitting multiple sclerosis.	7/23/1993	Accelerated approval based on the rate and extent of exacerbations of multiple sclerosis (intermediate clinical endpoint, although the size of the treatment effect was small); and improvements in MRI-measured lesion area (surrogate).  Confirmatory study: 4-6 year study using disability as measured by the Kurtzke Expanded Disability Status Scale (EDSS) <sup>23</sup> ; plus correlation of MR imaging with clinical endpoints.
Remicade	Treatment of moderately to severely active Crohn's disease.	8/24/1998	Accelerated approval based on "clinical response," defined as a reduction from baseline in the Crohn's Disease Activity Index (CDAI) <sup>24</sup> of at least 70 at 4 weeks. CDAI is a research tool used to quantify the status of patients with Crohn's disease that includes a combination of clinical features (number of stools, abdominal pain, well-being, abdominal mass and other clinical features) in addition to quantitative measures such as amount of anti-diarrheal drug use, hematocrit and body weight.  Confirmatory study: Maintaining a sustained clinical outcome ("clinical response" at Week 30 and "clinical remission" at week 54) in patients with moderate to severely active Crohn's disease.
Remodulin	Treatment for pulmonary arterial hypertension.	5/21/2002	Accelerated approval based on a combined exercise (6- minute walk test/Borg score) analysis.  Confirmatory study: Time to first occurrence of death, hospitalization for complications of hypertension or other clear evidence of deterioration.
Tysabri	For the treatment of patients with relapsing forms of multiple sclerosis.	11/23/2004	Accelerated approval based on a large therapeutic effect on relapse rate through approximately 13 months of treatment.  Confirmatory study: Continue the existing trials into the post-marketing period to confirm the durability of the observed effect at 2 years.
Makena	To reduce the risk of preterm birth.	2/3/2011	Accelerated approval based on a demonstration of delay in delivery.  Confirmatory studies: Post-marketing studies to demonstrate improved long-term postnatal outcomes.
<b>Accelerated approval based on a <i>biomarker as a surrogate</i>.</b>			
Priftin	Treatment of pulmonary tuberculosis.	6/22/1998	Accelerated approval based on sputum culture status at 6 months.  Confirmatory study: Negative sputum culture up to two years post-treatment.
Synercid	Treatment of patients with infections associated with vancomycin-resistant <i>Enterococcus faecium</i> (VREF) bacteremia.	9/21/1999	Accelerated approval based on a laboratory measurement of bacteria in the blood.  Confirmatory study: Clinical resolution of infection.
Celebrex	To reduce the number of adenomatous colorectal polyps in	12/23/1999	Accelerated approval based on the % change in the number of colorectal adenomas.  Confirmatory study: Reduction in the incidence of FAP-related

	familial adenomatous polyposis (FAP), as an adjunct to usual care.		events (e.g., polypectomy, surgery, cancer, desmoids, death).  The sponsor did not demonstrate the link between polyp number and onset of colonic cancer after the allotted time allowed to produce these data; thus, this indication and dose were removed from the label.
Sirturo	Combination therapy in adults with pulmonary multi-drug resistant tuberculosis (MDR-TB).	12/28/2012	Accelerated approval based on sputum culture status at 6 months.  Confirmatory study: Resolution of pulmonary tuberculosis.
Ferriprox	Treatment of patients with transfusional iron overload due to thalassemia syndromes.	9/9/2015	Accelerated approval based on a decrease in iron stores for patients with iron overload caused by thalassemia.  Confirmatory study: Decrease in transfusion-related adverse events caused by iron overload in the body.



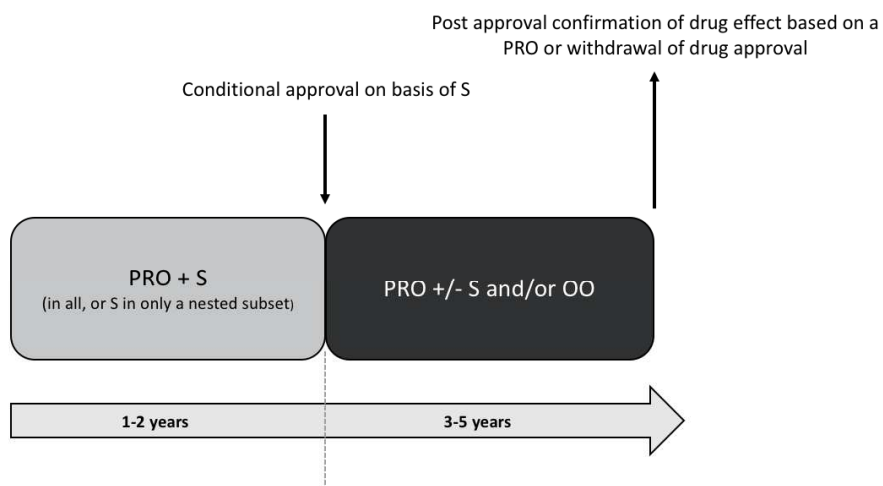
Table 2. OA general drug profile categories.

Drug Profile	Description of Profile	Expectations	Type of Approval	Challenge
<b>The Pure-Anticatabolic-Profile</b>	<ul style="list-style-type: none"> <li>• A drug candidate that demonstrates statistical difference on structure (less worsening compared to placebo) but fails to demonstrate symptomatic and/or functional benefit in a phase 3 trial.</li> </ul>	<ul style="list-style-type: none"> <li>• It might be expected that the structural difference to placebo will result in clinical benefit in longer trials e.g. by less worsening on symptoms and/or function or by delaying joint replacements. The profile is similar to a <b>protease blocker</b> without immediate direct effects on symptoms and/or function.</li> </ul>	<ul style="list-style-type: none"> <li>• Accelerated approval on the basis of an OA progression surrogate endpoint</li> <li>• Post-marketing trial to confirm benefit on signs/symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• Risk of post-marketing withdrawal of regulatory approval for drug if it fails to show benefit for signs/symptoms</li> </ul>
<b>The Pure-Anabolic-Profile</b>	<ul style="list-style-type: none"> <li>• A drug candidate that demonstrates statistical difference on structure by increasing cartilage but fails to demonstrate symptomatic and/or functional benefit in a phase 3 trial.</li> </ul>	<ul style="list-style-type: none"> <li>• It might be expected that the structural difference to placebo will result in clinical benefit in longer trials e.g. by less worsening on symptoms and/or function or by delaying joint replacements. The profile is similar to a <b>growth factor</b> without direct effects on symptoms and/or function.</li> </ul>	<ul style="list-style-type: none"> <li>• Based on former draft FDA guidance, demonstration of new or regrowth of cartilage would be convincing and require no formal parallel evidence of improvement in clinical outcomes</li> <li>• Alternatively could pursue accelerated approval on the basis of a surrogate endpoint</li> <li>• Post-marketing trial to confirm benefit on signs/symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• Need to show, for instance by specialized imaging, that growth of cartilage is functional matrix rather than cartilage swelling</li> <li>• Risk of post-marketing withdrawal of regulatory approval for drug if it fails to show benefit for signs/symptoms</li> </ul>
<b>Pain-Lowering-Anticatabolic-Profile</b>	<ul style="list-style-type: none"> <li>• A drug candidate that demonstrates durable symptomatic and/or functional benefit in a phase 3 trial, but does not achieve statistical difference or the MCID on a radiographic structural endpoint.</li> </ul>	<ul style="list-style-type: none"> <li>• The structural endpoint might have failed because of a short trial duration (one or two years only). The profile is similar to a <b>NSAID</b> after phase 3.</li> </ul>	<ul style="list-style-type: none"> <li>• Traditional approval for signs/symptoms indication</li> <li>• A structure indication may be achieved concurrent with signs/symptoms indication on the basis of a surrogate, such as MRI feature, especially if linked to legacy or other data demonstrating its clinical meaningfulness and/or relation to reduced joint</li> </ul>	<ul style="list-style-type: none"> <li>• Cost of drug based on signs/symptom benefit;</li> <li>• If DMOAD effect shown subsequent to clinical availability of drug, difficulty later changing cost to get return on additional investment required to show DMOAD effect</li> </ul>

			<p>replacement</p> <ul style="list-style-type: none"> <li>• Alternatively, post-marketing study to determine DMOAD effect.</li> </ul>	
<p><b>Pain-Lowering-Anabolic-Profile</b></p>	<ul style="list-style-type: none"> <li>• A drug candidate that demonstrates durable symptomatic and/or functional benefit in a phase 3 trial but does not achieve statistical difference on a structural endpoint despite anabolic properties.</li> </ul>	<ul style="list-style-type: none"> <li>• The structural endpoint might have failed because of short trial duration of one or two years only. The profile is similar to a <b>growth factor</b> with some direct effects on symptoms and/or function.</li> </ul>	<ul style="list-style-type: none"> <li>• Traditional approval for signs/symptoms indication.</li> <li>• A structure indication may be achieved concurrent with signs/symptoms indication on the basis of a surrogate, such as MRI feature, especially if linked to legacy or other data demonstrating its clinical meaningfulness and/or relation to reduced joint replacement</li> <li>• Alternatively, post-marketing study to determine DMOAD effect with possible addition of DMOAD indication.</li> </ul>	<ul style="list-style-type: none"> <li>• Cost of drug based on signs/symptom benefit;</li> <li>• If DMOAD effect shown subsequent to clinical availability of drug, difficulty later changing cost to get return on additional investment required to show DMOAD effect</li> </ul>

MCID=minimal clinical important difference; DMOAD=disease modifying OA drug; NSAID=non-steroidal anti-inflammatory drug

Figure 1: Scenario 1 – Prospective Trial Continuation\*

**Abbreviations:**

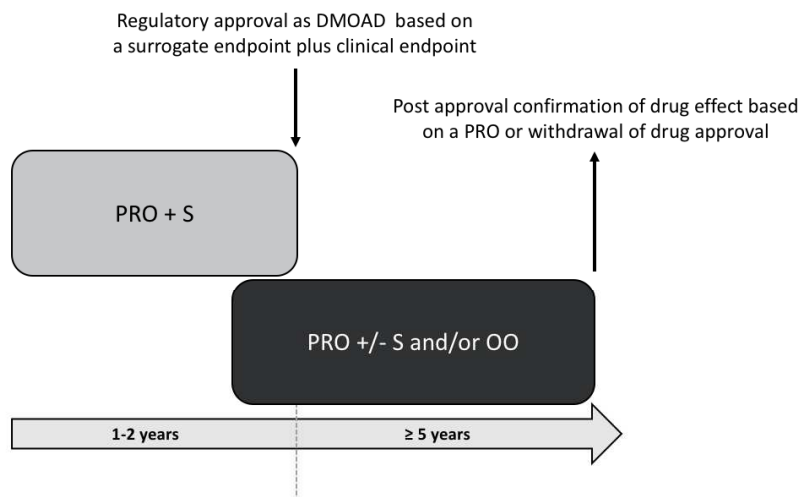
**PRO:** (meaningful) patient reported outcome (how a patient feels, functions, survives)

**S:** surrogate (biomarker)

**OO:** observational outcome (e.g. joint replacement)

\*Study Population is the **SAME** as for Original Trial

Figure 2: Scenario 2 – Separate Post-Marketing Approval Study\*

**Abbreviations:**

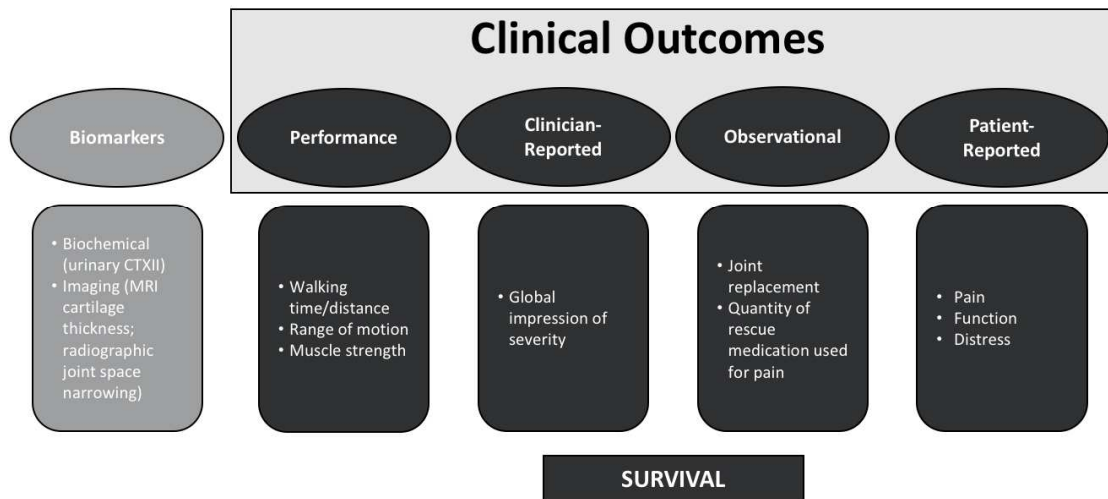
**PRO:** (meaningful) patient reported outcome (how a patient feels, functions, survives)

**S:** surrogate (biomarker)

**OO:** observational outcome (e.g. joint replacement)

\*Study Population contains **SOME** or **NONE** of the Original Trial subjects as a nested cohort

Figure 3



Adapted from Patrick et al. 2014